



TOOL 1.1: Pediatric Concussion: The Role of School Boards, Community Sports Organizations, and Centres

School boards, community sports organizations, and centres must ensure updated policies are in place to recognize and accommodate a child/adolescent who has sustained a concussion.

- Publicize these policies widely among schools, staff, and sports organizations.
- Schools and their staff should be ready to promote the child/adolescent's safe and effective return-to-school.
- Immediate removal from play/activity is the first step in mitigating prolonged recovery.
- Allow the child/adolescent:
 - Enough time away from school and sport to begin cognitive recovery
 - Accommodations to support cognitive deficits such as additional time for homework and/or exams during recovery

Links to toolkits that are useful for developing school board concussion policies:

- [Ontario Ministry of Education School Board Policies for Concussion](#)
- [SCHOOLFirst Handbook: Enabling successful return to school for Canadian youth following a concussion \(Holland Bloorview Kids Rehabilitation Hospital\)](#)
- [Pan-Canadian School Concussion Protocol Template](#): Concussion Protocol Harmonization Project

Links to tools that are useful for informing school policies:

- [An Educator's Guide to Concussions in the Classroom, 2nd Edition](#): Nationwide Children's Hospital, Columbus, OH.
- [Concussion Awareness Training Tool: CATT Online](#)
- [SCHOOLFirst Handbook: Enabling successful return to school for Canadian youth following a concussion \(Holland Bloorview Kids Rehabilitation Hospital\)](#)
- [Parachute Concussion Series: Concussion Guide for Teachers](#)
- Advice for gradually resuming activities after a concussion: Institut national d'excellence en sante et en services sociaux (INESSS – Québec)
[English handout](#) / [French handout](#)
- [Canadian Guideline on Concussion in Sport Medical Assessment Letter](#)

Link to toolkits that are useful for developing sports organization policies:

- [A roadmap for implementing concussion management policies and protocols in sport \(Canadian Academy of Sport and Exercise Medicine\)](#)
- Advice for gradually resuming activities after a concussion: Institut national d'excellence en sante et en services sociaux (INESSS – Québec)
[English handout](#) / [French handout](#)
- [Parachute: Canadian Guideline for Concussion in Sport](#)

Links to tools that are useful for informing a policy for sports organizations:

- [Parachute Concussion Series – After a Concussion: Return-to-Sport strategy](#)
- [2016 Berlin Consensus in Sport Group Statement](#)
- [HEADS UP Concussion and Helmet Safety App \(Centers for Disease Control and Prevention\)](#)
- [Concussion Ed – Parachute Concussion Education](#)
- Advice for gradually resuming activities after a concussion: Institut national d'excellence en sante et en services sociaux (INESSS – Québec)
[English handout](#) / [French handout](#)
- [Canadian Guideline on Concussion in Sport Pre-Season Education Sheet \(Parachute\)](#)
- [Concussion recognition tool 5: To help identify concussion in children, adolescents and adults](#)
- [Canadian Guideline on Concussion in Sport Medical Assessment Letter](#)